

Valid from 14 December 2025 to 16 May 2026

TRAIN TIMES



Watford Junction to St Albans Abbey

All of our services between Watford and St Albans on the Abbey Line.



Watford Junction

Watford North

Garston

Bricket Wood

How Wood


Park Street

St Albans Abbey

National Rail Enquiries

03457 48 49 50
nationalrail.co.uk

Live travel updates

 @LNRailway
For help, advice and travel updates

 /LondonNorthwesternRailway

 @londonnorthwesternrailway
For the latest offers and news

Useful information

Plan online

To make sure you have the most accurate train times, it's always best to plan your journey using a journey planner. We have them on our website and app, at our staffed stations and over the phone.

Bring your bike

There is space for at least one bike onboard our services, and you do not need to make a reservation in advance. These are allocated on a first come, first served basis, and if the train is quiet, the Senior Conductor may allow more bikes onboard.

Travelling with a bike to or from London Euston?

Please be aware that on weekdays, only folding bikes are allowed on trains arriving at London Euston between 0700 – 1000, and departing between 1600 – 1900.

Getting assistance at the station

Call us on 0800 024 8997 if you need some help getting on or off our trains and we'll make the arrangements. Please give at least 24 hours notice if possible.

Before you travel

We may be required to make some changes to the timetable, therefore we would recommend that you check your journey before travelling. You can check train times on the LNR app, at lnr.uk/plan, or by calling National Rail Enquiries on 03457 48 49 50.

On The Rails Podcast

In our podcast, we discuss a variety of topics, from timing ticket purchases perfectly to top travel tips, as well as conversations with colleagues and celebrity guests. Please visit lnr.uk/podcast to listen.

London Northwestern Railway Customer Relations

You can get in touch with our customer relations team between 0700 – 1900 on weekdays, and 0800 – 1600 at weekends.

web: lnr.uk/contact-us
tel: 0333 311 0006 (standard call rates)
post: Freepost London Northwestern Railway Customer Relations
facebook: [/LondonNorthwesternRailway](https://www.facebook.com/LondonNorthwesternRailway)
x: [@LNRRailway](https://twitter.com/LNRRailway)

Transport Focus

web: transportfocus.org.uk
email: advice@transportfocus.org.uk
x: [@transportfocus](https://twitter.com/transportfocus)
tel: 0300 123 2350
post: Freepost TRANSPORT FOCUS
77 Timothys Bridge Road
Stratford Enterprise Park
STRATFORD-UPON-AVON
CV37 9BG

London Travelwatch

web: londontravelwatch.org.uk
email: info@londontravelwatch.org.uk
tel: 0203 176 2999
post: London TravelWatch 169 Union Street, London, SE1 0LL

Have your say

We are always striving to do more to improve our train service and want to know what is important to you; what we are doing well and where we may need to have a rethink. There are multiple ways in which you can provide us with your feedback and see the actions we are taking.

- Join our customer panel, your chance to hold us to account and keep us on track lnr.uk/customer-panel
- Our Post Travel Feedback enables you to provide invaluable feedback when travelling with us lnr.uk/yourjourney
- Your chance to speak to our experts and ask your questions lnr.uk/whistle-stop-tour
- Take a look at some of the improvements we have made thanks to your feedback lnr.uk/you-said-we-did

Improvement works

From time to time it is essential to undertake improvement works. Everyone's journey is different – please check before you travel, especially if you are travelling late at night or at the weekend. The latest updated information is available at nationalrail.co.uk

Off-Peak travel

Certain Off-Peak tickets are not valid on services departing London Euston 1649 – 1900 or departing Birmingham 1635 – 1800 Mondays to Fridays. Please check before you travel.

Bank Holidays

Generally, a Saturday level of service applies on Bank Holidays, except for Christmas Day and Boxing Day. Please double check ahead of each bank holiday at lnr.uk/plan

Valid from 15 December 2025
to 15 May 2026

Mondays to Fridays

London Euston	d		0535		0639	0734		0824		0923		1023		1119		1223		
➔ Milton Keynes Central	d	0432	▼	0520	0632	▼		0730	▼	0905	▼	1005	▼	1105	▼	1205	▼	1305
➔ Watford Junction	a	0511		0554 0558	0654 0659	0752		0815 0839		0934 0937		1033 1037		1133 1137		1233 1237	1333	
➔ Watford Junction	d		0551		0631		0715	0801		0845		0945		1045		1145	1245	
Watford North	d		0554		0634		0718	0804		0848		0948		1048		1148	1248	
Garston	d				0636		0720	0806		0850		0950		1050		1150	1250	
Bricket Wood	d				0639		0723	0809		0854		0954		1054		1154	1254	
How Wood	d				0642		0726	0812		0857		0957		1057		1157	1257	
Park Street	d				0644		0728	0814		0859		0959		1059		1159	1259	
➔ St Albans Abbey	a		0604		0648		0731	0817		0902		1002		1102		1202	1302	

London Euston	d	1323		1423		1518		1605		1639		1734		1809		1923		2023		
➔ Milton Keynes Central	d	▼		1405	▼	1505	▼	1530	▼	1605	▼	1705	▼	1805	▼	1905	▼	2005	▼	2105
➔ Watford Junction	a	1337		1433 1437		1533 1539	1615 1622		1633 1659		1733 1754		1830 1833		1933 1937		2033 2037	2133		
➔ Watford Junction	d		1345		1445		1545	1630		1715		1800		1845		1945		2045		
Watford North	d		1348		1448		1548	1633		1718		1803		1848		1948		2048		
Garston	d		1350		1450		1550	1635		1720		1805		1850		1950		2050		
Bricket Wood	d		1354		1454		1553	1638		1723		1808		1854		1954		2054		
How Wood	d		1357		1457		1556	1641		1726		1811		1857		1957		2057		
Park Street	d		1359		1459		1558	1643		1728		1813		1859		1959		2059		
➔ St Albans Abbey	a		1402		1502		1601	1646		1731		1816		1902		2002		2102		

London Euston	d	2123		2209	
➔ Milton Keynes Central	d	▼		2158	▼
➔ Watford Junction	a	2137		2229 2229	
➔ Watford Junction	d		2145	2245	
Watford North	d		2148	2248	
Garston	d		2150	2250	
Bricket Wood	d		2154	2254	
How Wood	d		2157	2257	
Park Street	d		2159	2259	
➔ St Albans Abbey	a		2202	2302	

Notes & Symbols

➔ PlusBus add-on tickets available

a Arrival time
d Departure time

All services operated by London Northwestern Railway

Valid from 20 December 2025 to 16 May 2026

Saturdays

London Euston	d		0622		0723		0823		0923		1023		1123		1223		1323	
↔ Milton Keynes Central	d	0422	0551	▼	0632	▼	0805	▼	0905	▼	1005	▼	1105	▼	1205	▼	1305	▼
↔ Watford Junction	a	0508	0628	0640	0653	0737	0833	0837	0933	0937	1033	1037	1133	1137	1233	1237	1333	1337
↔ Watford Junction	d	0550	0650	0645	0645	0745	0745	0845	0845	0945	1045	1045	1145	1145	1245	1245	1345	1345
Watford North	d	0553	0648	0648	0648	0748	0748	0848	0848	0948	1048	1048	1148	1148	1248	1248	1348	1348
Garston	d	0555	0650	0650	0650	0750	0750	0850	0850	0950	1050	1050	1150	1150	1250	1250	1350	1350
Bricket Wood	d	0559	0654	0654	0654	0754	0754	0854	0854	0954	1054	1054	1154	1154	1254	1254	1354	1354
How Wood	d	0602	0657	0657	0657	0757	0757	0857	0857	0957	1057	1057	1157	1157	1257	1257	1357	1357
Park Street	d	0604	0659	0659	0659	0759	0759	0859	0859	0959	1059	1059	1159	1159	1259	1259	1359	1359
↔ St Albans Abbey	a	0607	0702	0702	0702	0802	0802	0902	0902	1002	1102	1102	1202	1202	1302	1302	1402	1402

London Euston	d	1423		1523		1623		1723		1823		1920		2021		2109		2210	
↔ Milton Keynes Central	d	1405	▼	1505	▼	1605	▼	1705	▼	1805	▼	1905	▼	2003	▼	2035	▼	2151	▼
↔ Watford Junction	a	1433	1437	1533	1537	1633	1637	1733	1737	1833	1837	1933	1934	2035	2037	2111	2127	2224	2228
↔ Watford Junction	d	1445	1445	1545	1545	1645	1645	1745	1745	1845	1845	1945	1945	2045	2045	2145	2145	2245	2245
Watford North	d	1448	1448	1548	1548	1648	1648	1748	1748	1848	1848	1948	1948	2048	2048	2148	2148	2248	2248
Garston	d	1450	1450	1550	1550	1650	1650	1750	1750	1850	1850	1950	1950	2050	2050	2150	2150	2250	2250
Bricket Wood	d	1454	1454	1554	1554	1654	1654	1754	1754	1854	1854	1954	1954	2054	2054	2154	2154	2254	2254
How Wood	d	1457	1457	1557	1557	1657	1657	1757	1757	1857	1857	1957	1957	2057	2057	2157	2157	2257	2257
Park Street	d	1459	1459	1559	1559	1659	1659	1759	1759	1859	1859	1959	1959	2059	2059	2159	2159	2259	2259
↔ St Albans Abbey	a	1502	1502	1602	1602	1702	1702	1802	1802	1902	1902	2002	2002	2102	2102	2202	2202	2302	2302

Valid from 14 December 2025 to 10 May 2026

Sundays

London Euston	d	0724		0825		0956		1052		1124		1252		1352		1452		1552		
↔ Milton Keynes Central	d	▼	0710	▼	0806	▼	0906	▼	1026	▼	1131	▼	1222	▼	1322	▼	1422	▼	1522	▼
↔ Watford Junction	a	0744	0750	0846	0847	0947	1011	1106	1113	1144	1209	1306	1312	1406	1412	1506	1512	1606	1612	
↔ Watford Junction	d	0804	0804	0903	0903	1018	1018	1118	1118	1218	1218	1318	1318	1418	1418	1518	1518	1618	1618	
Watford North	d	0807	0807	0906	0906	1021	1021	1121	1121	1221	1221	1321	1321	1421	1421	1521	1521	1621	1621	
Garston	d	0809	0809	0908	0908	1023	1023	1123	1123	1223	1223	1323	1323	1423	1423	1523	1523	1623	1623	
Bricket Wood	d	0812	0812	0912	0912	1027	1027	1127	1127	1227	1227	1327	1327	1427	1427	1527	1527	1627	1627	
How Wood	d	0815	0815	0915	0915	1030	1030	1130	1130	1230	1230	1330	1330	1430	1430	1530	1530	1630	1630	
Park Street	d	0817	0817	0917	0917	1032	1032	1132	1132	1232	1232	1332	1332	1432	1432	1532	1532	1632	1632	
↔ St Albans Abbey	a	0820	0820	0920	0920	1035	1035	1135	1135	1235	1235	1335	1335	1435	1435	1535	1535	1635	1635	

London Euston	d	1652		1752		1852		1952		2107		2140		2231	
↔ Milton Keynes Central	d	1622	▼	1722	▼	1822	▼	1922	▼	2042	▼	2125	▼	2211	
↔ Watford Junction	a	1706	1712	1806	1812	1906	1912	2006	2012	2122	2123	2204	2207	2252	2253
↔ Watford Junction	d	1618	1718	1818	1818	1918	1918	2018	2018	2128	2128	2218	2218	2304	
Watford North	d	1621	1721	1821	1821	1921	1921	2021	2021	2131	2131	2221	2221	2307	
Garston	d	1623	1723	1823	1823	1923	1923	2023	2023	2133	2133	2223	2223	2309	
Bricket Wood	d	1627	1727	1827	1827	1927	1927	2027	2027	2137	2137	2227	2227	2312	
How Wood	d	1630	1730	1830	1830	1930	1930	2030	2030	2140	2140	2230	2230	2315	
Park Street	d	1632	1732	1832	1832	1932	1932	2032	2032	2142	2142	2232	2232	2317	
↔ St Albans Abbey	a	1635	1735	1835	1835	1935	1935	2035	2035	2145	2145	2235	2235	2320	

Notes & Symbols

↔ PlusBus add-on tickets available

a Arrival time
d Departure time

All services operated by London Northwestern Railway

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Mondays to Fridays

➡ St Albans Abbey	d	0609	0653	0737	0823	0908	1008	1108	1208	1308								
Park Street	d	0612	0656	0740	0826	0911	1011	1111	1211	1311								
How Wood	d	0614	0658	0742	0828	0914	1014	1114	1214	1314								
Bricket Wood	d	0617	0701	0745	0831	0916	1016	1116	1216	1316								
Garston	d	0620	0704	0748	0834	0920	1020	1120	1220	1320								
Watford North	d	0623	0707	0751	0837	0923	1023	1123	1223	1323								
➡ Watford Junction	a	0625	0709	0753	0839	0925	1025	1125	1225	1325								
➡ Watford Junction	d	0631	0636	0715	0738	0800	0802	0846	0900	0934	0938	1033	1038	1133	1138	1233	1238	1333
➡ Milton Keynes Central	a	▼	0706	▼	0807	0845	▼	▼	0945	▼	1007	▼	1107	▼	1207	▼	1307	▼
London Euston	a	0652	0739	0822	0909	0950	1050	1150	1250	1350								

➡ St Albans Abbey	d	1408	1508	1607	1651	1736	1822	1908	2008	2108								
Park Street	d	1411	1511	1610	1654	1739	1825	1911	2011	2111								
How Wood	d	1414	1514	1612	1656	1741	1828	1914	2014	2114								
Bricket Wood	d	1416	1516	1615	1659	1744	1830	1916	2016	2116								
Garston	d	1420	1520	1618	1702	1747	1834	1920	2020	2120								
Watford North	d	1423	1523	1621	1705	1750	1837	1923	2023	2123								
➡ Watford Junction	a	1425	1525	1623	1708	1753	1839	1925	2025	2125								
➡ Watford Junction	d	1338	1433	1438	1533	1538	1633	1634	1733	1735	1800	1802	1900	1902	1933	1938	2033	2038
➡ Milton Keynes Central	a	1407	▼	1507	▼	1607	▼	1656	▼	1756	1846	▼	1946	▼	2007	▼	2107	▼
London Euston	a	1450	1550	1650	1750	1822	1922	1950	2050									

➡ St Albans Abbey	d	2208	2308				
Park Street	d	2211	2311				
How Wood	d	2214	2314				
Bricket Wood	d	2216	2316				
Garston	d	2220	2320				
Watford North	d	2223	2323				
➡ Watford Junction	a	2225	2325				
➡ Watford Junction	d	2133	2138	2232	2300	2348	0007
➡ Milton Keynes Central	a	▼	2207	▼	2347	▼	0050
London Euston	a	2150	2253	0011			

Notes & Symbols

➡ PlusBus add-on tickets available

a Arrival time
d Departure time

All services operated by London Northwestern Railway

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to 16 May 2026

Saturdays

St Albans Abbey	d	0613	0708	0808	0908	1008	1108	1208	1308	1408										
Park Street	d	0616	0711	0811	0911	1011	1111	1211	1311	1411										
How Wood	d	0619	0714	0814	0914	1014	1114	1214	1314	1414										
Bricket Wood	d	0621	0716	0816	0916	1016	1116	1216	1316	1416										
Garston	d	0625	0720	0820	0920	1020	1120	1220	1320	1420										
Watford North	d	0628	0723	0823	0923	1023	1123	1223	1323	1423										
Watford Junction	a	0630	0725	0825	0925	1025	1125	1225	1325	1425										
Watford Junction	d	0636	0643	0732	0738	0833	0838	0933	0938	1033	1038	1133	1138	1233	1238	1333	1338	1433	1438	
Milton Keynes Central	a	0704		0807		0907		1007		1107		1207		1307		1407		1507		
London Euston	a	0707	0752	0849	0949	1049	1149	1249	1349	1449										

St Albans Abbey	d	1508	1608	1708	1808	1908	2008	2108	2208	2308										
Park Street	d	1511	1611	1711	1811	1911	2011	2111	2211	2311										
How Wood	d	1514	1614	1714	1814	1914	2014	2114	2214	2314										
Bricket Wood	d	1516	1616	1716	1816	1916	2016	2116	2216	2316										
Garston	d	1520	1620	1720	1820	1920	2020	2120	2220	2320										
Watford North	d	1523	1623	1723	1823	1923	2023	2123	2223	2323										
Watford Junction	a	1525	1625	1725	1825	1925	2025	2125	2225	2325										
Watford Junction	d	1533	1538	1633	1638	1733	1738	1833	1838	1933	1935	2035	2037	2143	2144	2241	2244	2330	2350	
Milton Keynes Central	a	1607		1707		1807		1907		2007		2108		2227		2329		0040		
London Euston	a	1549	1649	1749	1849	1949	2054	2203	2304	2357										

Valid from 14 December 2025
to 10 May 2026

Sundays

St Albans Abbey	d	0826	0926	1041	1141	1241	1341	1441	1541	1641										
Park Street	d	0829	0929	1044	1144	1244	1344	1444	1544	1644										
How Wood	d	0831	0932	1047	1147	1247	1347	1447	1547	1647										
Bricket Wood	d	0834	0934	1049	1149	1249	1349	1449	1549	1649										
Garston	d	0837	0938	1053	1153	1253	1353	1453	1553	1653										
Watford North	d	0840	0941	1056	1156	1256	1356	1456	1556	1656										
Watford Junction	a	0842	0943	1058	1158	1258	1358	1458	1558	1658										
Watford Junction	d	0847	0911	0948	1012	1107	1114	1203	1216	1306	1312	1406	1412	1506	1512	1606	1612	1706		
Milton Keynes Central	a	0956		1057		1159		1301		1359		1459		1559		1659				
London Euston	a	0910	1010	1129	1225	1328	1428	1528	1628	1728										

St Albans Abbey	d	1741	1841	1941	2041	2151	2241	2326												
Park Street	d	1744	1844	1944	2044	2154	2244	2329												
How Wood	d	1747	1847	1947	2047	2157	2247	2331												
Bricket Wood	d	1749	1849	1949	2049	2159	2249	2334												
Garston	d	1753	1853	1953	2053	2203	2253	2337												
Watford North	d	1756	1856	1956	2056	2206	2256	2340												
Watford Junction	a	1758	1858	1958	2058	2208	2258	2342												
Watford Junction	d	1712	1806	1812	1906	1912	2006	2035	2123	2123	2222	2225	2303	2317	0001	0002				
Milton Keynes Central	a	1759	1859	1959	2105	2208	2306	2348	0049											
London Euston	a	1828	1928	2028	2143	2246	2338	0025												

Notes & Symbols

PlusBus add-on tickets available

a Arrival time
d Departure time

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